

Checking and Angling Clinic

Instructors:

Mark Zarbo (Player Skating and Skills Specialist)

Cory Mickey (Skating, Skill, Goalie Specialist)

****Hockey Backgrounds on back****

When: Friday February 24, 2012

Where: Northtown Center (Amherst Pepsi Center)

Times: 11:30-1:30pm

Cost: \$35/player

****Have to mail payment to address below to fully reserve your spot!****

Objective: **Checking and Angling Clinic**

This clinic is to teach correct hitting techniques; how to give a hit, take a hit, and how to use hitting to the best of their advantage to separate the opposition from the puck (correct angling techniques)!!!

****Please email markzarbo@yahoo.com to reserve your spot(s)****

****All checks can be made payable to Mark Zarbo—Cash is accepted****

In email please state what level and birth year your player is!

Name _____

Address _____

City _____ State _____ Zip Code _____

Telephone _____ Position _____

Team _____ D.O.B _____ Years Experience _____

E-Mail Address _____

Father's Name _____ Mother's Name _____

Application can be mailed to
Mark Zarbo
1301 Staley Rd

Mark Zarbo



Mark has extensive hockey experience playing Division 1 college hockey at Bentley in the AHA for 1 season and then 3 seasons at RPI in the ECAC, where he graduated in 2010 with a BS in Business and Management. In junior hockey he played for the Youngstown Phantoms Jr A in the NAHL and the CD Selects Jr A in the EJHL. In both these leagues he was selected to the All-Star Team in the years he played. Mark grew up playing hockey in the Buffalo area and has recently moved back to Western New York to attend graduate school at UB in which he is currently a candidate for his Doctor of Physical Therapy degree. Also Mark is currently interning for the Buffalo Sabres in their scouting department helping them sort and break down video on amateur players for the upcoming 2012 NHL Draft. Mark is able to work with players of all ages and skill levels and can teach any type of clinic/practice from power skating and individual skills to more team oriented practices.

Cory Mickey



Cory is no stranger to Western, N.Y. and the local hockey scene; his father is former Buffalo Sabre Larry Mickey. Cory has been a lifelong resident of East Amherst where he spent his formative years in youth hockey & Lacrosse. He graduated from Southern New Hampshire University in 2005 with a Bachelors Degree in Sports Management and is where he played Division II hockey and lacrosse. Cory then went on to play 2 seasons of professional hockey in the NEHL for the Mohawk Valley Ice Cats and Simco Ice Cats. Mickey returned to Western New York where he joined the Buffalo State College Men's hockey team as an Assistant Coach and Director of Community Relations and also was one of the organizers of the 2005 AHL All Star Game. In addition, Cory has worked with some very prominent hockey schools including Pro Ambitions, Sky Hawks Hockey and Lacrosse Academy, Maksymum Hockey, Buffalo Prospects, Sports International Hockey School, NHL's Dave Smith Power Skating, Ryan Miller's Goalie Camp, Mitch Korn Goalie Camps, and Jazosz School of Goaltending.